

3. Core Criteria

The following modules represent the core criteria of a successful postdoctoral appointment:

REQUIRED:

1. Scholarly Activities
2. Publication Plans and Activities
3. Presentation Opportunities
4. General Transferable Professional Development
5. Career Specific Professional Development

IF APPLICABLE:

6. Instructional Training and Experiences
7. Clinical or Applied Experiences
8. Scholarly Independence Plan
9. Customized Career Competency

Each field below is expandable to meet your individual situation and your stage of training. Short-term goals, such as learning objectives and skill acquisition, may be established annually, whereas long-term goals might be established initially and revisited as needed.*

The first five core criteria are universal for all postdoctoral positions and are required modules. However, each postdoctoral appointment is unique. Four additional fields with drop-down features are available for you to further design your postdoctoral experience to meet your personal career goal.

This plan also serves as a benchmark for you to conduct an annual self-assessment and will contribute to your postdoctoral mentor/supervisor's assessment of your progress.

* Not limited to three goals – Add additional pages

1. Scholarly Activities		Timeline	X**
Goal #1	Conduct K99 study	2015-2017	
Steps/Training	Recruit participants, collect data, analyze data	2015-2017	
Outcomes	I have recruited 17 of the 20 planned participants for this study and am actively recruiting at Magee Women's Hospital and UPMC Monroeville. I have collected 18 MRI scans to date during the K99 training period. An additional 20 are planned. In consultation with I have identified a Research Associate (RA) in her lab with expertise in longitudinal structural and functional imaging analyses who will join the K99 study in year two. Her expertise will be essential to ensuring robust and unbiased results reporting as the K99 project moves into dissemination.	2015-2017	
Goal #2	Prepare for R00 study	2016-2017	
Steps/Training	Participate in training opportunities for behavioral intervention studies, finalize specific aims and research strategy for R00	2017	
Outcomes	I recently attended the Johns Hopkins University Summer Research Institute for Developing Behavioral Interventions. Although only the basic workshop was planned for the K99, I received a scholarship to attend the advanced workshop as well. Together, these workshops provided foundational didactic training in conducting behavioral interventions, as well as the opportunity to begin to finalize the specific aims for the R00 and flesh out its research strategy. For	2016-2017	

	<p>specific training in mindfulness-based behavioral intervention research, I am working with _____ at Carnegie Mellon University. He is an expert in the use of Mindfulness-Based Stress Reduction (MBSR) interventions. I participated in his R21 MBSR intervention (_____) to understand the nature of these interventions first-hand. I continue to participate in his lab's study and science meetings to gain an understanding of the science and management of MBSR studies. In 2017, I will participate in the planned workshop at the Massachusetts General Hospital in Methods in Supportive Oncology Research (_____) to finalize the R00 study design.</p>	
Goal #3	Click here to enter text.	Click here to enter text.
Steps/Training	Click here to enter text.	Click here to enter text.
Outcomes	Click here to enter text.	Click here to enter text.

** Mark as Steps/Goals are completed

	Timeline	X**
2. Publication Plans and Activities		
Goal #1	Draft manuscript for self-reported cognitive function subgroup candidate gene association study	2016
Steps/Training	Develop and submit manuscript	2016
Outcomes	The independent study with _____ as part of my K99 training included a presentation of the findings at the University of Pittsburgh Cancer Institute annual retreat. A first-authored manuscript based on those findings will be submitted in the fall.	2016
Goal #2	Co-author manuscript for neuropsychological function subgroup analysis	2016
Steps/Training	Assist with the development and submission of this co-authored manuscript	2016
Outcomes	I served as a co-author for presentations at the American Society of Clinical Oncology Survivorship Symposium and the Eastern Nursing Research Society in the winter semester. I am working with _____ to incorporate these presentations into a co-authored manuscript evaluating subgroups with distinct trajectories of neuropsychological function during systemic therapy for breast cancer.	2016
Goal #3	Develop manuscripts for K99 study findings	2017
Steps/Training	Develop 2-3 manuscripts based on abstracts submitted for K99 study findings.	2017
Outcomes	Dissemination of the neuroimaging findings from the K99 study will begin in its second year. The first manuscript from the K99 study will be produced based on the American Society of Clinical Oncology Survivorship Symposium abstract. Additional manuscripts will be developed based on the abstracts submitted for the short- and long-term neuroimaging findings (see below).	2017

** Mark as Steps/Goals are completed

3. Presentation Opportunities

Goal #1	Submit three abstracts for K99 study findings	Timeline	X**
Steps/Training	Develop abstracts for baseline study findings, and short- and long-term study findings.	2016-2017	
Outcomes	The first abstract for a conference presentation will be submitted this fall to the American Society of Clinical Oncology Survivorship Symposium. A second abstract reporting on short-term (i.e., six-month) neuroimaging findings will be submitted in spring 2017 to the Oncology Nursing Society Congress. A third abstract reporting on long-term (i.e., 18-month) findings will be submitted late in the second year of the K99 for the bi-annual meeting of the International Cognitive and Cancer Task Force.	2016-2017	
Goal #2	Click here to enter text.	Click here to enter text.	
Steps/Training	Click here to enter text.	Click here to enter text.	
Outcomes	Click here to enter text.	Click here to enter text.	
Goal #3	Click here to enter text.	Click here to enter text.	
Steps/Training	Click here to enter text.	Click here to enter text.	
Outcomes	Click here to enter text.	Click here to enter text.	

** Mark as Steps/Goals are completed

Goal #1	Prepare for a tenure-track faculty position	Timeline	X**
Steps/Training	Complete Leadership Academy for Early Career Faculty, apply for faculty positions, choose faculty position in consultation with primary mentor and K99 program officer	2016-2017	
Outcomes	I was admitted to the OACD's Leadership Academy for Early Career Faculty, which was formerly the Course in Scientific Leadership and Management. This year-long course includes monthly full or half-day training sessions in leadership skill development for junior faculty. It also includes a leadership development project, which is completed over the course of the year with a small group of peers. Admission to this course as a postdoctoral trainee was only possible because of the K99 award. It will provide skills essential to my success as a junior faculty member. I will continue this course in Fall 2016. In the fall, in consultation with _____, I will finalize the list of potential locations for a tenure-track faculty position. I will complete interviews in the spring 2017 and, in consultation with my primary	2016-2017	

	mentor and K99 program officer, make a final decision on the location of the R00 in the spring.	
Goal #2	Click here to enter text.	Click here to enter text.
Steps/Training	Click here to enter text.	Click here to enter text.
Outcomes	Click here to enter text.	Click here to enter text.
Goal #3	Click here to enter text.	Click here to enter text.
Steps/Training	Click here to enter text.	Click here to enter text.
Outcomes	Click here to enter text.	Click here to enter text.

** Mark as Steps/Goals are completed

5. Career Specific Professional Development (Customized to your future career goals or career exploration)		Timeline X**
Goal #1	Maintain RN licensure and advanced practice certification	2016-2017
Steps/Training	Attend continuing education activities for continued licensure and certification.	Click here to enter text.
Outcomes	Attending RCR workshops, professional society meetings, and academic conferences will meet the continuing education requirements for my continued Pennsylvania licensure as an RN and national certification as an Oncology Clinical Nurse Specialist.	Click here to enter text.
Goal #2	Click here to enter text.	Click here to enter text.
Steps/Training	Click here to enter text.	Click here to enter text.
Outcomes	Click here to enter text.	Click here to enter text.
Goal #3	Click here to enter text.	Click here to enter text.
Steps/Training	Click here to enter text.	Click here to enter text.
Outcomes	Click here to enter text.	Click here to enter text.

** Mark as Steps/Goals are completed

OPTIONAL: USE THE FOLLOWING CUSTOMIZED CATEGORIES AS NEEDED.

6. Goal Category Scholarly Independence Plan	Click here to enter text.	Timeline X**
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Goal #1	Complete K99 training plan and transition to the R00 phase as a tenure-track faculty member.	2016-2017
Steps/Training	Complete K99 training plan and study, transition to R00 phase as a tenure-track faculty member	2016-2017
Outcomes	The funded K99 Career Transition Award is providing necessary training to build an independent program of research that will begin in the R00 phase. The program of research I am building will require a university with resources capable of supporting integrated neuroimaging and genomics studies. I have made initial inquiries into tenure-track faculty positions at four universities and have interviewed at two universities. If I leave the University of Pittsburgh for the R00 phase, I will be able to complete dissemination of findings from the K99 study during the R00 phase by continuing to collaborate with my K99 mentors at Pitt. If I stay at the University of Pittsburgh, a detailed plan will be submitted with the R00 for separating my program of research from that of my mentoring team to ensure research independence while maintaining collaborations important for success.	2016-2017

Goal #2	Click here to enter text.	Click here to enter text.
Steps/Training	Click here to enter text.	Click here to enter text.
Outcomes	Click here to enter text.	Click here to enter text.
Goal #3	Click here to enter text.	Click here to enter text.
Steps/Training	Click here to enter text.	Click here to enter text.
Outcomes	Click here to enter text.	Click here to enter text.

** Mark as Steps/Goals are completed

Goal #1	Timeline	X**
7. Goal Category Choose One. Click here to enter text.	Click here to enter text.	
Goal #1	Click here to enter text.	Click here to enter text.
Steps/Training	Click here to enter text.	Click here to enter text.
Outcomes	Click here to enter text.	Click here to enter text.
Goal #2	Click here to enter text.	Click here to enter text.
Steps/Training	Click here to enter text.	Click here to enter text.
Outcomes	Click here to enter text.	Click here to enter text.
Goal #3	Click here to enter text.	Click here to enter text.
Steps/Training	Click here to enter text.	Click here to enter text.