Foundations of Successful Career Planning and Development

TWO GRADUATE CREDITS OVER TWO SEMESTERS

Course Description

The course provides foundational training in career planning and professional development. Key skills that graduate students and postdocs build are:

- increasing your capacity for self-directed career development
- fostering life-long career management habits
- maximizing your scholarly training success
- shaping positive career outcomes

Students will engage in experiential learning, small-group discussions, and peer mentoring. These different approaches enable individually relevant and self-constructed understandings of career development, consistent with expectations of independence in scholarly activities. Areas for discussion include: Self-assessments, exploration of different career options, how to set goals, career adaptability, and other topics identified by students.

Format

This course spans a **consecutive Fall and Spring term**, and students **must attend for the entire academic year** for a total of two course credits.

Class meets for two hours over lunch every other week starting August 26, 2019. Brown bag lunch encouraged. Two class options offered so that you may select the one most convenient for your schedule. You will remain in the selected class for both semesters.
Switching classes not possible due to class size limitations.

Tuesdays	11 am - 1 pm	123 Victoria Hall	MSMPHL3340-1040 (24017)
Wednesdays	12 pm - 2 pm	1395 Starzl Biomed Sci Tower	MSMPHL3340-1140 (24018)

Required fees: MBTI assessment and book $25

Eligibility

All Schools and Programs Welcome

Postdoctoral Scholars and Associates: Permission number required, Postdoc tuition benefits apply
Graduate students (Masters and Doctoral): Permission number required
*Contact Steve Wendell for permission number (wend0017@pitt.edu)

Please discuss with your department/program and mentor before registering.

Inquiries

Course Director: Steve Wendell(wend0017@pitt.edu)
Additional Information: www.dpcd.pitt.edu/career-development-course

Uncover your authentic career vision.
Ownership. Awareness. Planning. Action.
Empowering trainees to self-manage their careers and progress